HOMEMADE CHOCOLATE COVERED FRUIT



YIELD: 4 SERVINGS | TIME: 30-40 MINUTES

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INGREDIENTS



1-2 bananas



2 cups of fresh fruits



4 oz of leftover chocolate

FOOD SAVING HACKS

Use leftover chocolate from candy bars or other treats by melting it down for dipping fruit. It's an easy way to avoid waste and enjoy a sweet snack!

INSTRUCTIONS

- 1. Wash and dry all fresh fruits.
- 2. Peel and cut the bananas into ½-inch thick slices. Slice larger fruits into bite-sized pieces, but keep strawberries whole.
- Chop the leftover chocolate into smaller pieces. Melt using a double boiler or in the microwave in 30-second intervals, stirring until smooth.
- 4. Dip each piece of fruit into the melted chocolate, coating mostly.
- 5. Place the chocolate-dipped fruit on a parchment-lined sheet or plate. Drizzle any remaining chocolate over the top.
- 6. Refrigerate for at least 15-20 minutes to allow the chocolate to set.

SAVE MORE THAN FOOD! Banana peels are rich in potassium and phosphorus – two essential nutrients for healthy soil. Add them to your compost pile whole or chop for faster decomposition.

